

# PIFCO HEAT MASSAGER

PLEASE FOLLOW INSTRUCTIONS

Just plug into any Electric Light Socket A.C. or D.C. 200 to 250 volts inclusive.

Don't commence massaging until you have allowed three to four minutes for the Massager to heat up adequately, then apply the curved head with firm slow strokes, keeping the Massager on the skin.

If you wish to reduce the heat, simply rub the palm of the hand across the curved head of the Massager two or three times. This has the effect of drawing off the heat to the required temperature.

Massage gently without applying pressure where the pain is experienced, allowing the heat rays to penetrate. After about ten minutes the maximum temperature will be reached.

## PAINS IN THE BACK

Massage gently and the heat rays will alleviate the pain.

## SPRAINS AND BRUISES

Specially beneficial in cases of Sprains, and Strained Muscles by close massage of the affected part.

## HEADACHE, NEURALGIA AND SINUS

Massage will benefit facial pain by gentle application.

## WRISTS

Soothes Rheumatic pains, Stiffness and similar conditions.

## ALLEVIATES PAIN

For COLDS · STIFF NECKS · TOOTHACHE · NEURALGIA  
RHEUMATISM · SCIATICA · SINUS · ACHING WRISTS  
or ANKLES etc.

ALL WILL DERIVE RELIEF FROM THE PENETRATING HEAT RAYS